

The Liver Care Foundation



Annual Report 2014

The Foundation

The Liver Care Foundation was established in 2005 as a nonprofit organization with a view to contribute to society by connecting with the public, patient and provider, as a part of its focus towards prevention of liver disease.

Goal

To assist and support Healthcare related to Liver Diseases.

Vision

To contribute to a world 'Free of Liver Disease'

Mission

1. To advocate and generate public awareness about Liver Health through information, education and communication.
2. To assist those living with liver disease.
3. Strive continuously to bridge the global gap in the field of academics and research, relating to Liver and its diseases.

Core Values

Competence, credibility, commitment, care and cooperation constitute the culture of Liver Care Foundation

The Team

Board of Trustees

Dr. Shiv Sarin, MD, DM	Founder Trustee and member
Dr. Kiran Modi	Managing Trustee and member
Dr. Puja Sakhuja	Trustee and member
Ms. Vibhuti Sharma	Trustee and member

Board Members

Dr B C Sharma	Member
Dr. Puja Sakhuja	Member
Ms. Vibhuti Sharma	Member
Ms. Shalini Prakash	Member

Special Advisor

Former Justice Shiv Raj Patil

Legal Advisor

Mr. M L Lahoty

Honorary Chief Operating Officer

Ms. Vibhuti Sharma

Thrust Area with Key Activities

1. Awareness
2. Assistance
3. Academic Support
4. Organisation Values

Awareness

Awareness on liver disease

The aim of LCF is to bring about an awakening in the minds of people about the importance of functioning of liver in a human body; and if not taken care of, can create a number of diseases related to liver and thus cause complications. It will also educate people about the treatment of liver disease and the availability of Doctors and Hospitals treating this malady.

Awareness on organ donation

Our aim is to educate the people on the importance of donating their organs so that others can get a new life.

- A centralized registry and a system of donor cards to those who pledge their organs.
- A system of linkages to facilitate a smooth coordination amongst the hospitals in a city specifically trauma centers with ICU facilities for organ removal and distribution.

Assistance

LCF will endeavour to provide assistance in terms of financial aid (and through Donors) to those who are willing to donate their liver.

Academics

LCF also undertakes to promote upcoming Doctors, financially, who though, are well qualified to attend higher studies or present papers, but cannot do so for lack of funds. Each case is considered on merit through a screening body before providing them with any financial assistance.

Organization Values

Competency, Credibility, Commitment, Care and Cooperation constitute the culture of Liver Care Foundation.

Future Plan

Presence in every state including union territories to aware the gross root people on organ donation and to increase the number of registry of organ donation. The Foundation will try to reach the messages and results of awareness and surveys of organ donation in national & international seminars and conferences.

Organ Donation Awareness Programme

2014

In India every year nearly 500,000 people die because of non-availability of organs. There is a shortage of organs, and the gap between the number of organs donated and the number of people waiting for a transplant is getting larger. Transplants, as an option, have successful outcomes, and the number of people needing a transplant is expected to rise steeply due to an ageing population and an increase in organ failure.

Ignorance and lack of awareness on organ donation

There is a major lack of awareness on organ donation in India. Myths and misconceptions about organ donation discourage potential donors from making the decision to donate organs or tissue after death. A major reason for the shortage of organs is that many people have not recorded their wish about organ donation or discussed it with their families. Recent polls and surveys reveal that people would come forth with their wish to donate if they had received more information.



Organ donation awareness programme conducted by LCF

In the year 2014 our main focus was to aware the gross root people on organ donation. So, The Liver Care Foundation made the networking with NGOs to organize the awareness program. Our goal therefore was to assist organ donation awareness through interactive education sessions within the community.



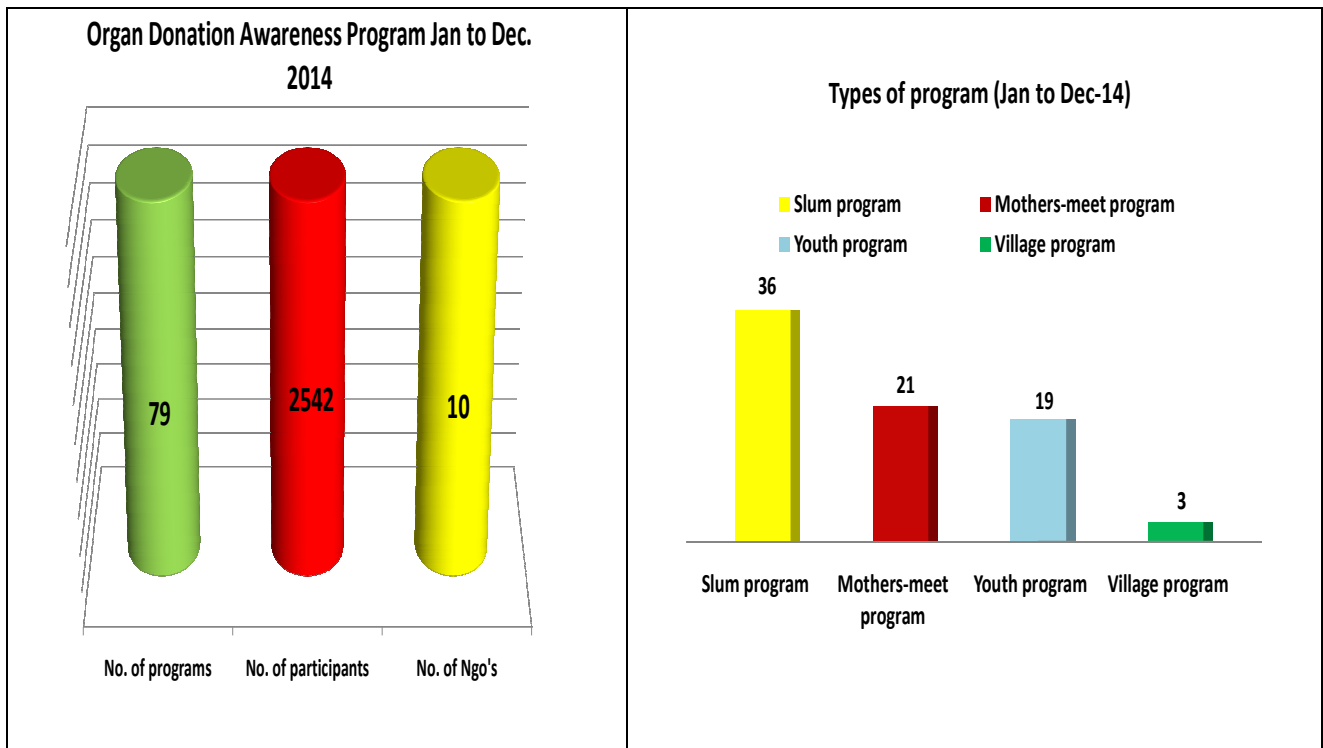
Awareness using flip chart



Getting in community engaged

In the year 2014, we conducted a total 79 awareness programmes on organ donation with the collaboration of 10 NGOs. The total numbers of participants were 2542 of North West Delhi. We conducted 36 slum programmes, 21 mothers meet, 19 youth programmes and 3 village programmes.

Data show with table bar:



Organ donation is the best gift that one can pledge in order to save lives. This truly gives a feeling of gratification to think that a person can have a second chance of living by this altruistic gesture. The covered area was North West Delhi.

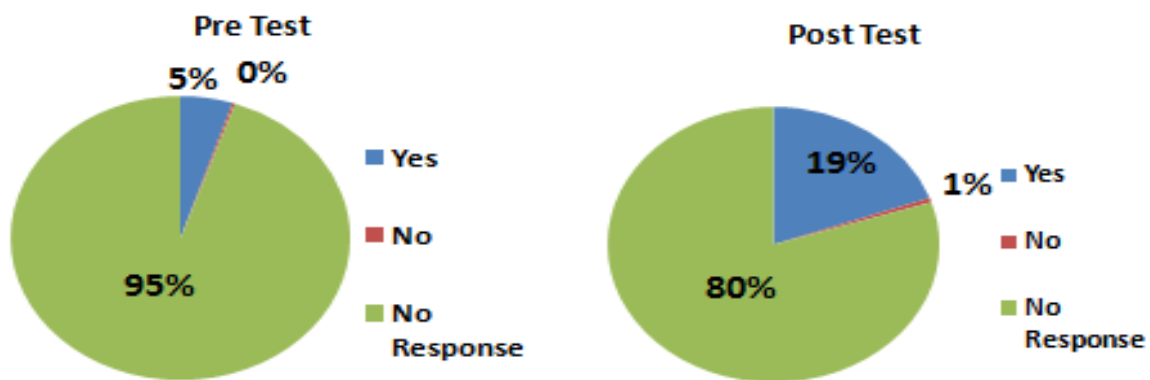
Organ Donation Awareness Jan-2014 to Dec-2014

Delhi Map



The Liver Care Foundation conducted a pre-test & post test with some questions to check the awareness level of the participants about organ donation. When we asked them- is organ donation possible? The result was that only 5% participants were agree, 1% were not agree & 94% people did not give any response but when we repeated same questions for post test there was a very positive result – 19% participants were agree that organ donation is possible, just 1% was not agree & 80% did not give any response. This was the positive result after conducted organ donation awareness programmes.

Is Organ Donation Possible?



We analyzed that people accepted the benefits of organ donation but they were not ready to donate their organs.

People have wrong belief like “Aang dene ke bad unke sharir ki durgati ho jayegi” (body will be disfigure after organ donation), one muslim lady said “agar vo aang daan karte hai to jab kyamat ka din (Judgment Day) aayega to ve log daan kiye hue aango k bina paida hoge” (whichever organ you donate, in the next life (Judgment Day) you will be born without that), their religion doesn't allow it. It will be delay in funeral arrangements. If some youths are ready for donation but their family members refused to consent to organ donation. Another major problem was that brain death itself was not recognized by many people. People thinking were “till the heart is beating the person has to be alive”.

Myths, misconceptions, religion or superstitious reasons, family consent & concept of organs trafficking were the barriers.

Puppet show on organ donation 2014

In the year 2014, The Liver Care Foundation organized the puppet show on organ donation in different parts of Delhi. The main objective of the show was to raise the awareness of the gross root people on organ donation. People can become aware and understand things easily to see the puppet show.

Puppet show at ILBS, Vasant Kunj:

We organized a puppet show on organ donation at ILBS, Vasant Kuj on 13th Aug. 2014. This was our first experience to make the program interesting for awareness. People enjoyed and listened carefully. Here we organized a stall for organ donation registration and also posters exhibition. A total 3 forms were filled for the registration. Dr. Sarin (Director, ILBS) appreciated this effort.



Puppet Show on organ donation at ILBS, Vasant Kunj



Posters gallery on organ donation



LCF team with Dr. Sarin

Puppet show at Delhi Secretariat:

We organized the second puppet show programme on organ donation on 14th August 2014, at Delhi Secretariat to participate in Health Mela, organized by Delhi Gov. The aim of this show was to raise the awareness on organ donation. Lieutenant Governor Mr. Najeeb Jung was the chief guest. Here 34 people were registered as organ donor.



Puppet show on organ donation at Delhi Secretariat



Puppet show at Pratap Nagar:

Liver Care Foundation organized a puppet show at Pratap Nagar on 16th Oct. 2014 with partnership of SAND (NGO). We gave the information about organ donation through puppets show. People listened carefully. Among 40-50 participants, only 3or4 women were agreed for registration but at the last they refused for filling the registration forms saying “they will tell us after consulted their husband’.



Puppet Show on organ donation at Pratap Nagar

Puppet show at Janta Colony

On 12th Nov. 2014 we organized a puppet show on organ donation with the collaboration of Chetnalay (NGO). Here the participants were mostly Muslim. They did not show their interest for listening on this topic. Myths, religion & superstitions were the barrier.



Puppet show on organ donation at Janta Colony

Puppet show at Bhalaswa Dairy:

The liver Care Foundation organized a puppet show at Bhalaswa Dairy, JJ colony on 10th Dec. 2014. The main objective of this show was to raise the awareness on organ donation. People showed their interest & listened carefully, but they were not agreeing with registration.



Puppet show at Bhalaswa Dairy JJ colony

At the end of the programme we asked some ladies about their thinking on organ donation. Questions were like, is organ donation possible? Do you want to register their name as an organ donor? If a member of your family needs to transplant an organ then what will you do?

Around 14 people replied in different ways like:

1. Agar main aangdaan karungi to mere bachche kahan jayenge unki dekh bhaal kaun karega
2. Main aandaan nahi kar sakta kyunki mere uper bahut sari jimmedari hai .
3. Meri age andaan vali nai hai , mai abhi aangdaan nahi kar sakta .
4. Aangdaan hona chahiye per hum nahi kar sakte .
5. Sharir kamjor ho jayega .
6. Agar parivar me jarurat hai to hum de sakte per kisi aur ko to dena ka nahi socha.
7. Ghar per puchhkar batayenge
8. Abhi to apne bataya hai dekhte hain ghar per baat karenge aur phir batayenge .
9. Hospital men aango ko bekar hone ke liye chor diya jata hai ya phir unko bech diya jata hai to aise men hum kaise apne aang daan kar sakte hain .

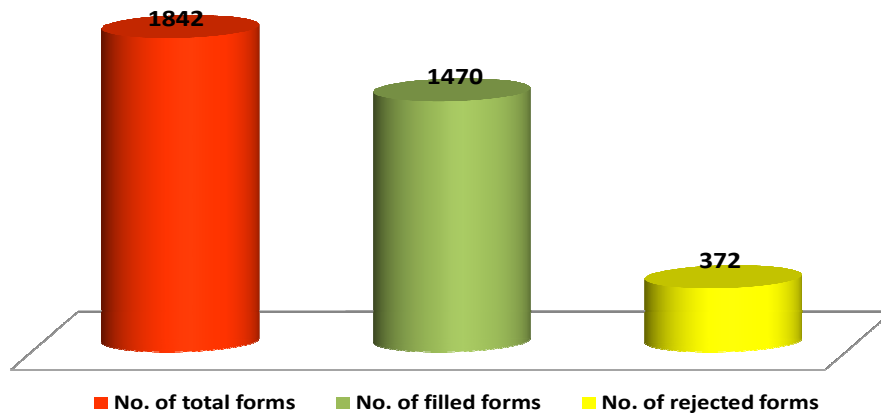
Their answer was, “we are poor and struggle with many problems then how can we think about organ donation.”, “We will tell you after family consent”.

Community survey:

A community survey has been done by The Liver Care Foundation to get a feel for public knowledge and attitude on organ donation. It is not only a survey but also our way of educating the public about this sensitive issue that haunts us regularly.

We distributed a total 1842 survey forms in different areas of North West Delhi to know the awareness level on organ donation. Out of 1842 there were 1470 filled forms and 372 were rejected.

**Community survey on organ donation
Jan. to Dec. 2014**



We conducted these surveys using a set questionnaire through face to face meetings to know the awareness level of the community people on this sensitive issue like - is organ donation possible? Are you aware that organs can be donated to save life of another person? Do you know about brain death? Are you willing for organ donation after death? Can organ donation take place at any age?

Results:

Key results presented showed that 24% were agreed for possibility of organ donation, 75%, the majority did not give any response, & just 1% was not agreed. 82% were aware that organ donation

can be donated to save life of another person, 17% were not aware and just 1% has no idea. Out of 1470 only 20% were aware about brain death & 80% were not aware. 76% agreed that organs can be donated after death, only % agreed while 40% did not give any response.

Questions	Yes	No	No idea/ no response
Is Organ Donation possible ?	24%	1%	75%
Are you aware that organs can be donated to save life of another person?	82%	17%	1%
Do you know about brain death?	20%	80%	0
Are you willing for organ donation after death?	1%	76%	23%

A comparative study between government hospitals & private hospitals

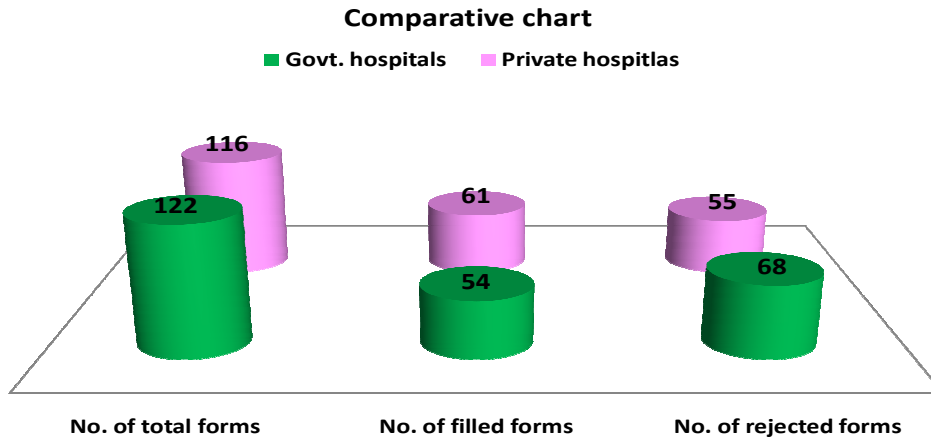
A comparative survey has been done by the Liver Care Foundation to know the awareness on organ donation between government hospitals & private hospitals of Delhi.

Selected hospitals for survey:

Government Hospitals	Private Hospitals
R.M.L. Hospital	Maharaja Agrasen Hospital
AIMS	Moolchand Hospital
G.B. Pant Hospital	Gangaram Hospital

In government hospitals a total 122 forms of organ donation were distributed to know their view on organ donation in which, filled forms were 54 & rejected forms were 68. In private hospitals the distributed forms were 116, in which 61 forms were filled & 55 forms were rejected.

Survey in hospitals



Percentage of the filled forms and rejected forms:

The data shows that the percentage of filled forms of Private Hospitals is more than the Gov. Hospitals.

Forms	Gov. Hospitals	Private Hospitals
Filled forms	44%	53%
Rejected forms	51%	47%

Events 2014

Health Mela:

The Liver Care Foundation participated in Health Mela on 14th August 2014 at Delhi Secretariat. On the eve of India's 68th Independence Day, a special event of 'Health Mela' organized at Delhi Secretariat, where senior officers of the LG Secretariat, Delhi government and Delhi police pledged to donate their organs. This programme is aided by Delhi government's institute of Liver and Biliary Sciences. Special medical check-up camps, health camps, blood donation camps will also organized through the week. Lieutenant Governor of Delhi Shri Najeeb Jung inaugurated the Organ Donation Pledge, Blood Donation and Health Check-up camp.



Here we organized a stall to raise the awareness on organ donation. Our stall was decorated with posters & banners on organ donation.

There was a counter for organ donor registration. A total 34 people registered from this stall. This was a good achievement for us.



We also organized a puppet show on organ donation. People enjoyed and listened carefully its importance. Lieutenant Governor Mr. Najeeb Jung, Dr. S.K. Sarin & other officers appreciated this effort.



Pledge for organ donation:

On 14th August 2014 at LG House, Raj Niwas, the certificates of organ donation were distributed by The Liver Care Foundation. Chief Guest Lieutenant Governor Najeeb Jang distributed the certificates to the employees who were registered their name as an organ donor. Ms. Ameena Jung, wife of L.G. Mr. Najeeb Jung & Dr. S.K. Sarin, India's renowned gastroenterologist and LCF's founding trustee, delivered their lecture on the importance of organ donation. A total 80 employees registered there.



Hepatitis Day:

The Liver Care Foundation participated in the celebration of Hepatitis Day at ILBS, Vasant Kunj on 4th Dec. 2014. Lieutenant Governor Mr. Najeeb Jang was the chief guest. Here we opened a counter for giving the information on organ donation and filling the registration form. People were coming to know about organ donation. A total five people registered their name as organ donor.



Filling organ donation registration form



Celebration of 17th Hepatitis Day at ILBS

Sensitization programme on organ donation:

The Liver Care Foundation & ILBS Jointly organized three sensitization programmes along with puppet show at South West District-LG House at Raj Niwas, SDM Office at Nazafgarh and District Magistrate Office at Kapasheda. These programmes were conducted by Ms. Vibhuti Sharma, C.O.O. (LCF) & Transplant Coordinator (ILBS) with 200 participants. She thoroughly explained about organ donation, its types, who can donate, why is organ donation so important, difference between organ and tissues, about brain death & it's causes, myths & other issues.



Awareness at DM Office, Kapasheda on 11th Dec. 2014



Awareness at LG House, Raj Niwas on 22nd July 2014



Awareness at SDM Office, Nazaf Garh on 16 Dec. 2014



Awareness at DM Office, Kapasheda on 20th Dec. 2014

Organ donation registry: Jan. to Dec. 2014

In the year 2014 we registered a total 122 people as an organ donor. This was a good achievement for us.

Data	Venue / Area	No. of registration
12/7/2014	LG House, Raj Niwas	80
13/8/2014	ILBS, Vasant Kunj	3
8/14/2014	Delhi Secretariat	34
12/4/2014	ILBS, Vasant Kunj	5
		122

APASL Award 2014

The effort to extend support to young scientists and doctors continues. This year four names were selected for travel grants to doctors and scientists who had been accepted to present their papers at the APASL 2014 in Brisbane. It was heartening to see that we were able to provide these bright, young achievers the opportunity to present their pieces of work. In 2014 The Liver care Foundation disbursed the travel grants only for two awardees because other two were not submitted their required documents.

APASL awardees for grants 2014

Following names were selected for the travel grants for APASL, 2014 at Brisbane:

- Dr. Jayanta Barkakoti
- Dr. Naveen Kumar
- Dr. Vadamalai Nathan
- Dr. Barjinderjit Kaur Dhillon

